

Forest City Community Center Classes

Ford Island Community Center

Class Name: Boot Camp

Contact: Christina Bell Landry 808-371-0087

Class Days: Monday – Friday @ 8:30 a.m.

Mon/Wed/Fri @ 5:30 p.m.

Class Name: Yoga

Contact: Piera Bastidas (808) 779-5653 / fittissimo2@yahoo.com

Class Days: Wednesday 10:45 a.m.



Halsey Terrace Community Center

Class Name: Yoga

Contact: Piera Bastidas (808) 779-5653 / fittissimo2@yahoo.com

Class Days: Tuesdays & Thursdays, 9:00-10:15 am

Class Name: Zumba

Contact: Rosy (757) 842-2919 rosyzumbafun@gmail.com or Bridget (808) 457-0656 timmygrrrl@yahoo.com

Class Days: Monday & Wednesday 7 p.m. Furlough Fridays 10 a.m.

Hokulani Community Center

Class Name: DEFY (Drug Education for Youth)

Contact: Latasha Jones (808) 227-4296

Class Days: One Saturday a month (0800-1700)





Moanalua Terrace Community Center

Class Name: Showtime Performers

Contact: Angela Harris (808) 489-1998/Email@ShowtimePerformers.com

Class Days: Wednesday 5:45 to 6:45 pm

Class Name: Play Mornings

Contact: Lisa Peacock ASYMCA (808) 833-1185 asymcaamr@aol.com

Class Days: Monday and Wednesday 9:30am-11:00am



Pearl City Peninsula Community Center

Class Name: Showtime Performers

Contact: Angela Harris (808) 489-1998

Class Days: Wednesday 4pm-5pm

Class Name: Cardio Kickboxing

Contact: Cheri (808) 292-9604

Class Days: Monday & Wednesday 8:30am-9:30am



Class Name: Play Mornings

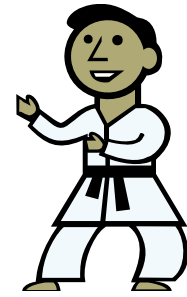
Contact: Nohea ASYMCA (808) 833-1185

Class Days: Tuesday & Thursday 9:30am-11:00am

Class Name: Tae Kwon Do

Contact: Charles Goodin (808) 561-9632

Class Days: Monday 6:30pm-8pm, Wednesday 8:30pm-9:30pm



Class Name: Hula & Tahitian Classes

Contact: Sanoë (808) 206-2300

Class Days: Tuesday & Thursday 6:30pm-7:30p

Class Name: Zumba

Contact: Rosy (757) 842-2919 rosyzumbafun@gmail.com or Bridget (808) 457-0656
timmygrrrl@yahoo.com

Class Days: Monday & Wednesday 10 a.m., Tuesday & Thursday 7 p.m.

Radford Terrace Community Center

Class Name: Fleet & Family Services EFMP Support Group Meeting

Contact: Mr. Chet Adessa (808) 474-1999 / chester.adessa@navy.mil

Class Days: Second Tuesday of every month, 6:00-7:30 pm



Class Name: Therapeutic Massage

Contact: Ruby Ahn (808) 386-4812

Class Days: By appointment only

FORESTCITY

RESIDENTIAL MANAGEMENT
